



Diver **



Advanced Open Water Diver

Last name: First name: Date of birth:

Address: Tel./Fax:

Diver* passed at: Divers passport No.:

Medical valid until:

Important hints:

- ✓ At the beginning, the instructor checks the prerequisites for the examination.
- ✓ The assignments of the exercises to the dives are suggestions and can also be combined different depending on the circumstances. **In any case, the amount of dives is mandatory.**
- ✓ The instructor who conducts the last exercise confirms this on the acceptance card and in the diver's logbook.
- ✓ All exercises and approvals for a diving license, including the theory part (at least 6 teaching units), must have been completed within 15 months. Otherwise, the exercise parts that have been filed up to that point will expire and must be repeated.
- ✓ Certification by **U.D.I.** can only be carried out if the name and licence number of the examiners are clearly legible and all parts of the examination has been confirmed.
- ✓ The **U.D.I.** divers passport number must be entered. Non-members can request a diver's passport from a **U.D.I.** instructor.
- ✓ In any type of scuba training, the safety of students and instructors is paramount!
- ✓ Creating an emergency plan for the diving activity is the responsibility of the responsible instructor in cooperation with the students (e.g. rescue routes and rescue equipment). The acquisition and documentation of dive-specific data (depth, time, deco stops, etc.) by the student in the divers logbook is to be supervised by the instructor.
- ✓ Have your instructor show you the valid proof of his acceptance authorization (annual training certificate / diving instructor card)? **No approved examination without any valid U.D.I. certificate.**
- ✓ Eligible are trainers from the status Instructor 2** with a valid U.D.I. license.
- ✓ The dive student should be familiarized with the theory and practice of the principles for independently conducting open water dives with equally trained diving buddies. After completing the course, he should be able to safely plan and dive with equally experienced divers (at least divers**).
In general: Never dive alone!

Open water examination card

1.1 Requirements

- ✓ Open Water Diver*, minimum age of 16 years.
- ✓ Speciality „rescue diver“.
- ✓ In the case of divers below 18 years, a declaration of consent from both legal parents is required.
- ✓ A valid medical certificate to dive must be presented prior to the start of the practical exercises. Up to 40 years not older than two years, under 14 and over 40 years not older than one year.
- ✓ Participation in a cardiopulmonary resuscitation (CPR) course, which must not be older than two years. Alternatively, the special certificate Medic First Aid or DAN Oxygen Provider not older than two years.
- ✓ Before certification as a diver at the diver** level, the applicant must demonstrate sufficient diving experience based on at least 20 dives since the „diver* passed“ entry in the logbook, at depths of at least 10 - 30 m.

1.2 Special regulations

- ✓ All necessary diving equipment exercises (item 2.0) must be practiced during the dives until the diving license candidate has mastered them for sure.
- ✓ Upon presentation of a recognized apnea diving certification (not older than 1 year), all equivalent ABC exercise parts under 2.0 are omitted.
- ✓ The maximum of three dives per day are allowed.

1.3 Recommendations

Night Diver, Drift Diver, Wreck Diver and a special course of diving equipment (technologie and maintenance)

1.4 Written exam

Questions on a questionnaire submitted by the U.D.I. instructor must be answered within the given time. Pass and fail provisions are noted on the questionnaire.

1.5 Exercises with snorkel

- ✓ 45 seconds of apnea diving with change of location (approx. 10 meters)
- ✓ 30 m of apnea distance diving
- ✓ 30 minutes duration in ABC equipment, 5 minutes each in breast position, side position, back position and with one fin, whereby a total distance of at least 800 m must be achieved.
- ✓ Put on the scuba diving equipment on the surface of the water so that all pieces of equipment are properly positioned and fixed.

1.6 Apnea exercises

- ✓ Apnea diving along a buoy rope to a depth of approx. 7,5 m.

2.0 Scuba equipment dives

- Depth 10-30 m
- Dive time minimum 15 min. each dive.

Übungen im Freiwasser	Sinn und Zweck der Übungen
Schritt 1 <ul style="list-style-type: none"> ✓ Dive planning within a group, dividing up the group members, proper briefing. ✓ Simple trip, starting point equals destination. Deviation max. 10 m. 	<p>The candidate should be able to plan and commit dive planning for the upcoming dive.</p>
Schritt 2 <ul style="list-style-type: none"> ✓ Speed-controlled ascent from a depth of instructors demand with a 1-minute stop at a depth of 9m. ✓ Ascending continuing to 6m. Staying for at least 3 minutes on this depth. ✓ Using the inflator only with oral inflating. 	<p>The applicant should show that he is able to stay on safety stops properly. The ascent rate never exceeding 10 m/min.</p>
Schritt 3 <ul style="list-style-type: none"> ✓ Ascent from the depth determined by the instructor below suggested alternating breathing with a stop of approx. 3min in 3m depth. Each time, the applicant hands his regulator to his buddy without releasing of it. At the request of both divers, the alternating breathing can also be demonstrated in real. ✓ Switch from regulator to snorkel breathing, then snorkel swimming for about 25 minutes with full equipment on the surface. ✓ The diving area is marked with a buoy at the beginning of the dive. 	<p>The diver should show that it is possible at any time, even under difficult conditions, for the duration of two breaths of the partner to take the regulator out of the mouth, let air out of the mouth clearly and then put the regulator back in the mouth.</p> <p>The diver should have a minimum level of endurance. Always be careful not to stray too far from the group. (Of course, this also applies to water.)</p> <p>The applicant should show that the diving area was marked with an appropriate buoy.</p>
Schritt 4 <ul style="list-style-type: none"> ✓ Pre-dive briefing, proper gear up and formal buddy check. Post-dive debriefing. ✓ Diving with compass, triangle course right and triangle course left. ✓ Start and end point are the same. Deviation max. 10 m. 	<p>It should be shown that before and after the dive, the special features of the dive are discussed, e.g. current, topography, etc.</p> <p>All necessary diving equipment must be present, the position and fit of which must be correct, all closures must be in place and all equipment must work. After the dive: close the valves, relieve the pressure on the regulator, put down the scuba equipment, protect your own and your partners instruments.</p> <p>The scuba equipment must be actively protected from contamination.</p>
Schritt 5 <ul style="list-style-type: none"> ✓ Group guidance: Diving in a group of at least 3 divers Rectangular diving course. Start and finish point are the same. Maximum deviation at the target point 10 m. ✓ Evidence as a group leader: The candidate lets a group member who is in an „out of air“ situation breathe from his secondary regulator for at least 5 minutes while the dive continues. 	<p>The candidate should show that the handling of the compass is mastered and that maintaining a fixed depth when changing location does not cause any issues, does not leave the group and maintains sufficient eye contact.</p> <p>The candidate should show that in the event of an „out of air“ situation, he mastered the issue under water.</p>
Schritt 6 <ul style="list-style-type: none"> ✓ Rescuing a scuba diver in distress from a depth of approx. 15 m (with scuba equipment), then transporting it approx. 50 m on the water surface and rescue to the shore. ✓ Involve the complete group. Set the buoy! ✓ Demonstration and explanation of CPR with indicated administration of oxygen, as far as the situation requires. ✓ Demonstration of the shock position and the stable lateral position. ✓ Writing down important data of the dive and the accident for the emergency doctor (dive protocol). 	<p>The candidate should show that the most important actions can be mastered under water and on the water surface to rescue an injured scuba diver. The different diagnostic methods, cardiac massage and respiration must be known and used. The positioning of an accident diver must also be mastered. The candidate must be able to demonstrate the correct procedure of an emergency call.</p> <p>The candidate must be able to initiate the "chain of rescue".</p>

Dive - No.	Depth in meters	Divetime in minutes	Dive site	Instructors stamp and sign
Dive 1				
Dive 2				
Dive 3				
Dive 4				
Dive 5				
Dive 6				
Passed: Yes // No			Oral post examination:	
<p data-bbox="113 1160 1251 1189">I, the dive student, explain that all exercises above has been comitted with the instructor:</p> <p data-bbox="113 1279 197 1308">Date:</p> <p data-bbox="703 1279 1023 1308">Sign of dive student:</p>				