

<u>Diver *</u>



Open Water Diver

Last name:	First name:	Date of birth:	
Address:		Tel./Fax:	
Pooldiver passed at: .	Divers pas	sport No.:	
Medical valid until:			

Important hints:

- 1. At the beginning, the instructor checks the prerequisites for the examination.
- 2. The assignments of the exercises to the dives are suggestions and can also be combined different depending on the circumstances. In any case, the amount of dives is mandantory.
- 3. The instructor who conducts the last exercise confirms this on the acceptance card and in the diver's logbook.
- 4. All exercises and approvals for a diving license, including the theory part (at least 6 teaching units), must have been completed within 15 months. Otherwise, the exercise parts that have been filed up to that point will expire and must be repeated.
- 5. Certification by **U.D.I.** can only be carried out if the name and licence number of the examiners are clearly legible and all parts of the examination has been confirmed.
- The U.D.I. divers passport number must be entered. Non-members can request a diver's passport from a U.D.I. instructor.
- 7. In any type of scuba training, the safety of students and instructors is paramount!
- 8. Creating an emergency plan for the diving activity is the responsibility of the responsible instructor in cooperation with the students (e.g. rescue routes and rescue equipment). The acquisition and documentation of dive-specific data (depth, time, deco stops, etc.) by the student in the divers logbook is to be supervised by the instructor.
- 9. Have your instructor show you the valid proof of his acceptance authorization (annual training certificate / diving instructor card)? No approved examination without any valid U.D.I. certificate.
- 10. Eligible are trainers from the status Instructor1* with a valid U.D.I. license.
- 11. The aim of the course: The candidate for a diving license should be familiarized with the theory and practice of participating in guided dives in open water. After completing the course, he should be able to safely participate in dives led by an experienced diver (e.g. diver***).

In general: Never dive alone!

Open water examination card

1.1 Requirements

- ✓ Pooldiver, minimum age of 14 years.
 ✓ In the case of divers below 18 years, a declaration of consent from both legal parents is required.
- ✓ A valid medical certificate to dive must be presented prior to the start of the practical exercises. Up to 40 vears not older than two years, under 14 and over 40 years not older than one year.
- ✓ It must be ensured that the diving license candidate can demonstrate sufficient swimming skills. This is demonstrated by a 150m swimming distance in deep water.

1.2 Special regulations

- Upon submission of the pool diver certification, part 1.5 (snorkeling exercises) are omitted if no more than 15 months have passed from the beginning of the pool diver to the completion of the open water diving
- ✓ All necessary diving equipment exercises (item 2.0) must be practiced during the dives until the diving license candidate has mastered them for sure.
- ✓ Upon presentation of a recognized apnea diving certification (not older than 1 year), all equivalent ABC exercise parts under 2.0 are omitted.
- ✓ The maximum of three dives per day are allowed.

1.3 Recommendations

U.D.I. recommends attending a first aid course.

1.4 Written exam

Questions on a questionnaire submitted by the U.D.I. instructor must be answered within the given time. Pass and fail provisions are noted on the questionnaire.

1.5 Exercises with snorkel

- ✓ 30 seconds of apnea diving with change of location (approx. 10 meters)
 ✓ 25 m of apnea distance diving

- ✓ 25 m of aprilea distance diving
 ✓ 3 x 2 –5 m aprilea deep diving within 1 minute.
 ✓ 20 minutes duration in ABC equipment, 5 minutes each in breast position, side position, back position and
- Two different jumps with full scuba equipment from ½m...1m height.
 - Jump forward
 - Role backward

1.6 Apnea exercises

Apnea diving along a buoy rope to a depth of approx. 5 m.

2.0 Scuba equipment dives

- ✓ Depth 6-15 m
- ✓ Dive time minimum 15 min, each dive.

Exercises in open water		Purpose of the exercises		
Step 1	Dive planing. Buoyancy adjustment (Check the correct amount of weight). Buoyancing with the inflator in several depths. Emitting and responding to at least 5 underwater hand signals.	The dive student should be able to list essential parts of a dive plan. The dive student should show that the he's able of the proper use of the buoyancy equipment and that clear hand signals can be given under water and the signals of others can be correctly and appropriately reacted to.		
Step 2	Speed-controlled descent without stirring up sediment. Speed-controlled ascent from a maximum depth of 10m with a 3-minute stop at a depth of 5m.	The dive student should show that the he's able of the proper use of the buoyancy equipment during descending and ascending. The dive student is intended to show that a safety stop can be observed properly.		
Step 3	Ascent from the depth determined by the instructor with suggested alternating breathing. The applicant gives his buddy his regulator without releasing of it. On the surface switch from the regulator to snorkel breathing, then swim for about 15 minutes with full equipment on the surface in any position.	The dive student should show that he is able to take the regulator out of his mouth for the duration of two breaths of the partner, let air out of his mouth and put the regulator back in his mouth. The dive student should have a minimum level of stamina. Always be careful not to swim too far from the group. (This also applies on water surface.)		
Step 4	Correct scuba equipment and scuba functional tests on yourself and your diving buddy before the dive ("Buddy Check"). Maintaining the scuba equipmant after the dive. The dive student puts the buoyancy jacket on and off at the water surface. "Retrieve" a regulator taken out of the mouth, release it and hanging behind the back. Flood and blow out the mask at the depth determined by the instructor. Free ascent from a depth of approx. 5m without a regulator	It should be shown that you have all the necessary diving equipment with you, the fit and position of the items is correct, all fasteners are closed and all equipment is working. After the dive: close valves, relieve regulators, lay down and secure diving equipment, protect instruments and rinse equipment with fresh water. The dive student should show how to keep calm in an emergency situation while holding his breath and how to regain and use the regulator by skillful movements. The dive student shows that he is able to keep calm and blow out the mask completely, despite severely impaired vision and the effects of cold.		
Step 5	At a distance of approx. 5m from the partner, the applicant takes the regulator out of his mouth, dives to him and breathes from the partner's secondary regulator for approx. 5 minutes during the dive.	The dive student should show, that in the event of an air shortage, he remains calm, does not dive to the surface and demands support from his dive buddy.		
Step 6	The dive student in buoyanced condition places the deco buoy at a water depth of 106 meters.	The dive student should show that he has the ability to secure an ascent in open water with the help of the deco buoy.		
Step 7	Rescuing a scuba diver, transporting to the water surface and bring it to the shore/land/boat. Demonstration of the single-helper method Demonstration of the shock position and the stable lateral position. The dive student has to initiate the "chain of rescue". Explain the oxygen case and how to use it.	The dive student show that the can take action for the most important underwater and on the water surface to rescue an injured scuba diver. The different procedures for the suspected diagnosis and the numerical ratio of heart massages to artificial respiration must be known and be able to be applied. The use of the oxygen inhalation equipment must be known. The positioning of an accident victim must also be mastered. It must be known where the nearest telephone is, the emergency call number and how the accident and the accident location are to be described (possibly assistance from the instructor).		

Dive - No.	Depth in meters	Divetime in minutes	Dive site	Instructors stamp and sign		
Dive 1						
Dive 2						
Dive 3						
Dive 4						
Dive 5						
Dive 6						
			Oral post examination:			
Passed: Yes // No						
I, the dive student, explain that all exercises above has been comitted with the instructor:						
Date: Sign of dive student:						